How to make a visual schedule for your child/student:

1. Cut out the activity tiles. If you can, laminate (or cover with clear tape) the tiles and the schedule page so you can reuse them multiple times.

2. Choose activities and arrange the tiles on the schedule page in whatever order you wish. For elementary grades we suggest about 30 minutes at a time, but choose however much time works for you.

3. Follow the schedule with your child as you go through the activities. Be sure to review the activities and have any required craft materials prepared in advance.

The Nashville Symphony’s Home Resources page and downloadable lesson plans provide crafts, instrument flash cards, guessing games, guided listening activities and more. You can choose from these activities and use the corresponding tiles, or make your own!
VIDEO: about 3 minutes
ACTIVITY: About 5 minutes
Listen to classical music. If you want to, you can color or draw pictures as you listen.

CRAFT: about 7 minutes
Play the video and make a craft with Enrico.

ACTIVITY: 3-5 minutes
Dance to your favorite song!

ACTIVITY: about 10 minutes.
Listen to clues and guess which instrument!

ACTIVITY: about 10 minutes
Learn and talk about different instruments. You might also listen to samples of each instrument.

VIDEO: 10-15 minutes
Watch a video of Nashville Symphony musicians playing and talking about their instruments.

VIDEO: 3 minutes
LISTENING: about 5-10 minutes
Watch a video of Ms. Mac talking about a piece of music, then listen to the music! If you want, you can draw or color as you listen.

CRAFT: 10-15 minutes
Make your own instrument!